

हंसराज

महाविद्यालय

दिल्ली विश्वविद्यालय

महात्मा हंसराज मार्ग,

मलकागंज, दिल्ली -110007

दूरभाष : 011-27667458, 27667747

ई-मेल : principal_hrc@yahoo.com

वेबसाइट : www.hansrajcollege.ac.in



HANSRAJ COLLEGE

UNIVERSITY OF DELHI

Mahatma Hansraj Marg

Malkaganj, Delhi – 110007

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NAAC ACCREDITED 'A++' GRADE COLLEGE



2025-2026

Name of the Event: Mental Health Awareness Workshop

Organised by: Women Development Cell

Date of the Event: 28th Jan, 25

Duration/Event Timing: 10am onwards

Venue of the Event: Multipurpose Hall

Name of Coordinator(s): WDC Team

Name of Convener: Dr. Jnaneswari Malik

The Women's Development Cell of Hansraj College successfully hosted a speaker session on Empowering Youth for a Sustainable Future, featuring Ms. Tapsee Upadhyay, popularly known as BTech Pani Puri Vali. She shared her inspiring journey of combining entrepreneurship with sustainability, encouraging students to embrace innovation, break stereotypes, and contribute to a greener future.

The session was followed by a free Mental Health Awareness Workshop in collaboration with the Hansraj College Counselling Unit led by Ms. Vanshika and Mrs. Malashree, the workshop engaged students in interactive activities focused on stress management, self-care, and emotional well-being. After event students also planted plants ensuring environmental protection.

The event saw enthusiastic participation, fostering awareness about sustainability and mental health. The Women's Development Cell remains dedicated to empowering students through such impactful initiatives.

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Attendance	
S.no.	Name
1	Vaanya Saxena
2	Drishty Rai
3	Keshav Aggarwal
4	Priyam Singh
5	Arth Jain
6	Ayushi
7	Garvita Bamal
8	Ipsa Arya
9	Vaibhav Jain
10	Siddharth Pali
11	Manya Singhal
12	Advit Arora
13	Kashish Taneja
14	Nikunj Arora
15	Yash Tyagi
16	Yash gupta
17	Harmanpreet
18	Arshpreet
19	puspit
20	Archit
21	Aanya
22	Shivam
23	Mridul
24	Riddhima
25	Ritansh
26	Yash vardhan
27	Manan
28	Nakul
29	aarohi
30	Kashish
31	Srishti Talwar
32	Akshay Bansal
33	Aditya Pratap Tiwari
34	Aman Rudola
35	Prakriti Sharma
36	Manit Agarwal
37	Rishabh Jain
38	Jiya
39	Manya Mehendiratta
40	Akshat Agrawal
41	Abhijeet Vardhan
42	Vihaan Nagrath
43	Siddharth Pali
44	Puspit Jain

45	Aagastya Singh
46	Avadesh Chaudhary
47	Rohit Yadav